

Short breaks, **peace of mind**

Respite Care
at Our
Care Homes



What is respite care?

The Orders of St John Care Trust (OSJCT) offers the opportunity to enjoy a short care break in a comfortable and friendly environment, supported by our professional team of carers.

During a period of respite with us your loved one will be invited to join our home's community and enjoy a short break tailored to their needs.

Respite residents have the opportunity to take part in activities, join excursions, or simply relax in the home and enjoy freshly cooked meals, whilst maintaining their independence in the knowledge that our team are there to support them throughout their stay.

Our respite residents are also able to book appointments with our visiting hairdressers and chiropodists as well as join day trips where available.

Activities may include:



Pets as therapy



Singing



Arts and crafts



Gardening



Gentle exercise



Baking

For more information call 0800 988 8133
osjct.co.uk/respite