Choosing a Care Home Checklist

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First impressions: Is the outside of the home			Dining: Can residents eat when they want to?		
well kept and tidy? Is the home clean and well maintained?			Are residents offered a choice of menu options for each meal?		
Care provided: Does the home provide the right type of care for your needs?			Can meals be eaten in a resident's room if desired?		
Do health care professionals such as opticians, chiropodists and physiotherapists			<i>Visiting:</i> Are there set visiting times or are visitors welcome at any time?		
visit the home?			Can visitors dine with their relative/friend?		
Does the home have suitable equipment and facilities such as baths, hoists, electrically operated beds and wheelchairs?			Is there a relatives'/friends' forum?		
			Activities: Is there a dedicated Activities		
Is there a hairdresser based at the home or one who visits on a regular basis?			Co-ordinator or Activities Team in the home?		
			Leisure and wellness: Are individual activities		
Do staff get to know residents and understand their personal likes/dislikes/needs?			available for residents who are not able to, or who do not wish to, participate in group activities?		
Do staff appear friendly, approachable and caring?			Care Quality: Is the home's latest CQC inspection report available to read?		
Bedroom/Communal area: Are the bedrooms clean and well decorated?			inspection report available to read.		
Is there a variety of living spaces such as lounges, quiet rooms and dining rooms?					